

MOHS PRE-OPERATIVE INSTRUCTIONS

No alcohol five days prior to surgery.

Eat breakfast before your surgery. You may shower either the night before or the morning of surgery. You may also pack a lunch or go out for lunch during surgery.

Bring one person with you. We do not have the accommodations for multiple family members, so please limit to one or two friends or family members.

Your family member will have an opportunity to wait for you during the surgery in our waiting room.

We ask that you plan to be at our office until approximately 1:00 – 2:00 PM. This does not mean that you will be in surgery the entire time.

We process the tissue in the lab, which takes at least 60 - 90 minutes. If the tissue shows roots of the cancer extending through the margin, a second portion of the tissue will be taken for analysis. This process takes place until all the margins are cleared. This method is performed to assure that all cancer cells are removed so there is less chance of any recurrence.

Please cancel all activities for the day of surgery and possibly longer. You will receive post-operative instructions before you leave our office.

You may want to bring a sweater to be worn in the waiting rooms because the temperature in our office is very cool, although it will not be allowed in the operating room.

Please do not apply any make up the day of surgery.

A shirt or top with buttons is recommended (Therefore, you may not want to wear one piece garments such as jumpsuits, etc.)

Report any changes in your health including fever to our office.

CHECK YOUR MEDICATIONS AND BRING A LIST OF ALL MEDICATIONS YOU ARE TAKING. If you are unsure of your medication, please call our nursing staff at: 718 792-4700.

- **DO NOT STOP ANY DIABETIC, HIGH BLOOD PRESSURE, THYROID, CHOLESTEROL MEDICATIONS, OR ANY OTHER MEDICATIONS NOT LISTED BELOW.**
- ALKA SELTZER: PLEASE DISCONTINUE.
- COUMADIN, ASPIRIN, AND PLAVIX MAY OR MAY NOT BE STOPPED, DEPENDING ON YOUR UNDERLYING MEDICAL CONDITION
- COUMADIN: PLEASE CALL YOUR PRESCRIBING PHYSICIAN TO SEE IF YOU CAN DISCONTINUE 3-5 DAYS BEFORE SURGERY -
- ASPIRIN: PLEASE CALL YOUR PRESCRIBING PHYSICIAN TO SEE IF YOU CAN DISCONTINUE 10-14 DAYS BEFORE SURGERY
- PLAVIX: PLEASE CALL YOUR PRESCRIBING PHYSICIAN TO SEE IF YOU CANT DISCONTINUE 5 DAYS PRIOR TO SURGERY
- ADVIL, NAPROSYN, OTHER ANTIINFLAMMATORY MEDS: PLEASE DISCONTINUE 7 DAYS BEFORE SURGERY.
- MULTI VITAMINS AND OTHER HERBAL MEDICATIONS AND VITAMINS: PLEASE DISCONTINUE 7 DAYS BEFORE SURGERY

PLEASE REVIEW THE PREOPERATIVE INSTRUCTIONS AND CHECKLIST AGAIN PRIOR TO YOUR ARRIVAL AT OUR OFFICE. If you have any questions, please feel free to call our office for assistance.

** We wish you a pleasant visit and speedy recovery **